





New Jersey College Health Association October 16, 2024 Fall Hybrid Conference

## CME/CE Certified Hybrid Activity

## **Jointly Provided by**

New Jersey College Health Association New Jersey Hospital Association (HRET)

#### Host

Theresa A. Lord-Stout, RN, MSN, APN-C Executive Director of Wellness and Nu Wellness Center for Counseling and Health

#### **Location**

Centenary University
The David and Carol Lackland Center at Centenary University
BOARD ROOM -2nd Floor
Hackettstown, NJ 07840

## **Directions and lodging information**

- General Campus Map: <u>Centenary University campus map</u>
- <u>Directions to Centenary University</u>
  - If you using GPS please use the following address: 715 Grand Avenue, Hackettstown, NJ 07840
- Parking: Park in Lot 31 located next to the David and Carol Lackland Center

#### Hotel Reservations

### Quality Inn:

Guests can call and make hotel reservations at the Quality Inn Hackettstown at a variable rate of approximately \$100 per night. Phone number: (908) 813-8500

## Days Inn by Wyndham Budd Lake

Guests can call and make hotel reservations at the Days Inn by Wyndham Budd Lake at a variable rate of \$100 per night. Phone number: (800) 225-3297

### **Activity Overview and Description**

- Review on how to best utilize the SCAT6 for concussion evaluation and management
- Providing insight on how best to evaluate injuries to the Ankle or knee
- Providing insight to appropriate treatment, follow-up and documentation for ankle and knee injuries

## **Target Audience**

This educational activity will be of interest to Physicians, Registered Nurses and Advanced Practice Nurses

## **Learning Objectives**

Upon completion of this activity, participants should be better able to:

- Develop a better understanding on how to utilize the SCAT6 for concussion evaluation and management
- Become more knowledgeable on how to evaluate, manage and document for ankle and knee injuries

#### Accreditation

#### **Nurse Jersey State Nurses Association Accreditation Statement**

NJHA-HRET is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation. Provisional Provider Number P131-3/2022.

This activity awards 2 AMA/Nursing contact hours.

The planning committee, presenters, facility, authors, and content reviewers have no conflicts of interests to disclose. Disclosure forms are required and reviewed for any issues. Speakers are required to present balanced and unbiased presentations. The presentation content has been reviewed and any bias has been eliminated.

Accreditation status does not imply endorsement by NJHA-HRET, NJSNA, or ANCC Commission on Accreditation of any commercial products displayed with this program.

## **Medical Society of New Jersey Accreditation**

NJHA-HRET is accredited by the Medical Society of New Jersey to provide continuing education for physicians. NJHRET designates live web-based activity for a maximum of 2 AMA PRA Category 2 Credit TM. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

### **Method of Participation**

In order to meet the learning objectives and receive continuing education credits, participants are expected to sign on at the beginning of the program and complete a survey at the completion of the program.

## **Activity Director/Committee**

Kyle Weisholtz, DNP, APN, President, NJCHA Joseph Henson, APN, Vice President, NJCHA Joan Galbraith, APN, Recording Secretary, NJCHA Holly Heller, APN, Corresponding Secretary, NJCHA Kathleen Dolan, APN, Treasurer, NJCHA Diane Lynch, APN, Moderator, NJCHA

### **Guest Faculty**

Joelle S. Rehberg, DO, FAOASM Seton Hall University Health Services Staff Physician Sports Medicine Physician - Family and Sports Medicine Institute of New Jersey

Wazim R. Buksh, MD Internal Medicine and Sports Medicine Medical Director of Patient Centered Medical Home at Novartis

# Agenda

Time	Topic
8:30 am - 9:00 am	Registration/Breakfast
9:00 am - 9:15 am	Welcome Presenter: President of Centenary University, Dr. Dale Caldwell
9:15 am - 10:15 am	Concussion management, SCAT6 utilization Presenter: Joelle Rehberg, DO, FAOASM
10:15 am - 10:30 am	Break
10:30 am - 11:30 am	Ankle/Knee evaluation, treatment, documentation and follow-up Presenter: Wazim R Buksh, MD
11:30 am - 12:30 pm	Lunch Break
12:30 pm - 1:30 pm	Business meeting
	<ol> <li>Vote on Member at Large position</li> <li>Kyle Weisholtz, DNP, APN, President, NJCHA</li> <li>Joe Henson, APN, Vice President, NJCHA</li> <li>Joan Galbraith, APN, Recording Secretary, NJCHA</li> <li>Holly Heller, APN, Corresponding Secretary, NJCHA</li> <li>Kathleen Dolan, APN, Treasurer, NJCHA</li> </ol>
1:30 pm - 2:30 p.m.	Open Forum (Moderator: Diane Lynch)
	2:30 pm - 3:00 pm Program Evaluations - Please make sure you signed in and included your email address as NJHA will email you your CME/CNE within 30 days

## **Peer Review**

In order to help ensure content objectivity, independence, and fair balance, and to ensure that the content is aligned with the interest of the public, NJHA has resolved all potential and real conflicts of interest through content review by non-conflicted, qualified reviewers. This activity was peer-reviewed for relevance, accuracy of content, and balance of presentation by NJHA.

## **Disclosure Declarations**

In accordance with the disclosure policies of NJHA and to conform with Joint Accreditation requirements and FDA guidelines, individuals in a position to control the content of this educational activity are required to disclose to the activity participants: 1) the existence of any relevant financial relationship with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients, with the exemption of non-profit or government organizations and non-health care related companies, within the past 12 months; and 2) the identification of a commercial product/device that is unlabeled for use or an investigational use of a product/device not yet approved.

## **Faculty**

The following faculty have no relevant financial relations to disclose.

- Joelle S. Rehberg, DO, FAOASM
   Seton Hall University Health Services Staff Physician
   Sports Medicine Physician Family and Sports Medicine INSTITUTE of NJ
- Wazim R. Buksh, MD
   Internal Medicine and Sports Medicine
   Medical Director of Patient Centered Medical Home at Novartis

#### **CME/CE Content Peer Reviewers**

The New Jersey Hospital Association

#### Off-Label/Investigational Use

This activity does not contain information on commercial products/devices that are unlabeled for use or investigational uses of products not yet approved.

#### Disclaimer

The views expressed in this activity are those of the faculty.