



New Jersey College Health Association
October 12, 2023
Fall Hybrid Conference

CME/CE Certified Hybrid Activity

Jointly Provided by
New Jersey College Health Association
New Jersey Hospital Association (HRET)

Host

Theresa A. Lord-Stout, RN, MSN, APN-C
Executive Director of Wellness and Nurse Practitioner
Wellness Center for Counseling and Health

Location

Centenary University
The David and Carol Lackland Center at Centenary University
BOARD ROOM -2nd Floor
Hackettstown, NJ 07840

Directions and lodging information

- **General Campus Map:** [Centenary University campus map](#)
- **[Directions to Centenary University](#)**
 - If you using GPS please use the following address: 715 Grand Avenue, Hackettstown, NJ 07840
- **Parking:** Park in Lot 31 located next to the David and Carol Lackland Center
- **Hotel Reservations**
 - **[Quality Inn:](#)**

Guests can call and make hotel reservations at the Quality Inn Hackettstown at a rate variable rate of approximately \$100 per night. Phone number: (908) 813-8500

- [Days Inn Budd Lake](#)

Guests can call and make hotel reservations at the Days Inn by Wyndham Budd Lake at a variable rate of \$100 per night. Phone number: (800) 225-3297

Activity Overview and Description

- Education on eating disorders relating to the traditional college age student
- Providing insight into the scope, assessment, diagnosis and interventions for college students with eating disorders

Target Audience

This educational activity will be of interest to Physicians, Registered Nurses and Advanced Practice Nurses

Learning Objectives

Upon completion of this activity, participants should be better able to:

- Develop a better understanding of eating disorders on a college campus
- Become knowledgeable regarding the scope, assessment, diagnosis and intervention options for eating disorders

Accreditation

Nurse Jersey State Nurses Association Accreditation Statement

NJHA-HRET is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation. Provisional Provider Number P131-3/2022.

This activity awards 3 AMA/Nursing contact hours.

The planning committee, presenters, facility, authors, and content reviewers have no conflicts of interests to disclose. Disclosure forms are required and reviewed for any issues.

Speakers are required to present balanced and unbiased presentations. The presentation content has been reviewed and any bias has been eliminated.

Accreditation status does not imply endorsement by NJHA-HRET, NJSNA, or ANCC Commission on Accreditation of any commercial products displayed with this program.

Medical Society of New Jersey Accreditation

NJHA-HRET is accredited by the Medical Society of New Jersey to provide continuing education for physicians. NJHRET designates live web-based activity for a maximum of 3 AMA PRA Category 2 Credit TM. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

Method of Participation

In order to meet the learning objectives and receive continuing education credits, participants are expected to sign on at the beginning of the program and complete a survey at the completion of the program.

Activity Director/Committee

Kyle Weisholtz, DNP, APN, President, NJCHA
Joseph Henson, APN, Vice President, NJCHA
Joan Galbraith, APN, Recording Secretary, NJCHA
Holly Heller, APN, Corresponding Secretary, NJCHA
Kathleen Dolan, APN, Treasurer, NJCHA
Theresa Lord-Stout, APN, Moderator, NJCHA

Guest Faculty

- Abby Sarrett-Cooper, MA, LPC, CEDS
Licensed Professional Counselor
Certified Eating Disorder Specialist
Linehan Intensively Trained DBT Therapist

Agenda

Time	Topic
8:30 am - 9:00 am	Registration/Breakfast
9:00 am - 9:15 am	Welcome Presenter: Dean of Students
9:15 am - 12:15 pm Interventions	Eating Disorders on Campus: Scope, Assessment, Diagnosis & Presenter: Abby Sarrett-Cooper, MA, LPC, CEDS Licensed Professional Counselor Certified Eating Disorder Specialist Linehan Intensively Trained DBT Therapist
12:15 pm - 1:15 pm	Lunch Break
1:15 pm - 2:15 pm	Business meeting <ol style="list-style-type: none">1. Kyle Weisholtz, DNP, APN, President, NJCHA2. Joe Henson, APN, Vice President, NJCHA3. Joan Galbraith, APN, Recording Secretary, NJCHA4. Holly Heller, APN, Corresponding Secretary, NJCHA5. Kathleen Dolan, APN, Treasurer, NJCHA

1:30 pm - 2:30 pm	Open Forum <ol style="list-style-type: none"> 1. Emeritus membership - Janice 2. Membership dues increase vote 3. Conference attendance fee increase 4. Health Services marketing
2:30 pm - 3:00 pm	Program Evaluations

Peer Review

In order to help ensure content objectivity, independence, and fair balance, and to ensure that the content is aligned with the interest of the public, NJHA has resolved all potential and real conflicts of interest through content review by non-conflicted, qualified reviewers. This activity was peer-reviewed for relevance, accuracy of content, and balance of presentation by NJHA.

Disclosure Declarations

In accordance with the disclosure policies of NJHA and to conform with Joint Accreditation requirements and FDA guidelines, individuals in a position to control the content of this educational activity are required to disclose to the activity participants: 1) the existence of any relevant financial relationship with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on, patients, with the exemption of non-profit or government organizations and non-health care related companies, within the past 12 months; and 2) the identification of a commercial product/device that is unlabeled for use or an investigational use of a product/device not yet approved.

Faculty

The following faculty have no relevant financial relations to disclose.

- Abby Sarrett-Cooper, MA, LPC, CEDS

CME/CE Content Peer Reviewers

- The New Jersey Hospital Association

Off-Label/Investigational Use

This activity does not contain information on commercial products/devices that are unlabeled

for use or investigational uses of products not yet approved.

Disclaimer

The views expressed in this activity are those of the faculty.