



# New Jersey College Health Association

May 10, 2022

Spring Hybrid Conference

*hyperlink*

***CME/CE Certified Hybrid Activity***

**Jointly Provided by**

New Jersey College Health Association  
New Jersey Hospital Association (HRET)

## Host

Diane Lynch, APN, DNP, Director of Health Services, Seton Hall University

## Location

Seton Hall University  
Bethany Hall, Room A  
400 South Orange Ave.  
South Orange, NJ 07079

## **Directions and lodging information:**

- **Directions:** <https://www.shu.edu/visit/directions.cfm>
- **Hotel Reservations:** Meeting attendees can call and make hotel reservations at the [Courtyard Marriott](#) West Orange at a rate of \$160 per night. Phone number: 973-669-4725

**General Campus Map:** <https://www.shu.edu/visit/campus-map.cfm>



## **Activity Overview and Description**

- Diagnosing and treatment of common sports medicine injuries
- Concussion evaluation, treatment and utilization of the SCAT5
- The role of athletic trainers on a college campus

## **Target Audience**

This educational activity will be of interest to Physicians, Registered Nurses and Advanced Practice Nurses.

## **Learning Objectives**

Upon completion of this activity, participants should be better able to:

1. Differentiate between injuries that can be treated in the clinic and those that should be referred out for further evaluation.
2. Develop a better understanding of the SCAT5 and how to diagnosis and treat a concussion
3. To be able to outline the role of an athletic trainer

## **Accreditation**

### **New Jersey State Nurses Association Accreditation Statement**

NJHA-HRET is an approved provider of continuing nursing education by the New Jersey State Nurses Association, an accredited provider by the American Nurses Credentialing Center's Commission on Accreditation. Provisional Provider Number P131-3/2022.

This activity awards 2.0 nursing contact hours.

The planning committee, presenters, facility, authors and content reviewers have no conflicts of interests to disclose. Disclosure forms are required and reviewed for any issues. Speakers are required to present balanced and unbiased presentations. The presentation content has been reviewed and any bias has been eliminated.

Accreditation status does not imply endorsement by NJHA-HRET, NJSNA, ANCC Commission on Accreditation of any commercial products displayed with this program.

### **Medical Society of New Jersey Accreditation**

NJHA-HRET is accredited by the Medical Society of New Jersey to provide continuing education for physicians. NJHRET designates live web-based activity for a maximum of 2.0 AMA PRA Category 2 Credit TM. Physicians should claim only the credits commensurate with the extent of their participation in the activity.

## **Method of Participation**

In order to meet the learning objectives and receive continuing education credits, participants are expected to sign on at the beginning of the program and complete a survey at the completion of the program.

## **Activity Director/Committee**

Scott Woodside, MSN, MBA, RN, President, NJCHA

Joseph Henson APN, Vice President, NJCHA

Joan Galbraith, APN, Recording Secretary, NJCHA

Kyle Weisholtz, DNP, APN, Corresponding Secretary, NJCHA

Barbara Ackerson, RN-BC, Treasurer, NJCHA

Theresa Lord-Stout, RN, MSN, APN - Moderator, NJCHA

Janice Vermeychuk, APN, Committee Member, NJCHA

### **Guest Speakers**

#### **Family and Sports Medicine Institute of New Jersey**

**Melissa Mascaro, MD., CAQSM**

33 Upper Overlook Road, Ste 305

Summit, New Jersey 07901

#### **Family and Sports Medicine Institute of New Jersey**

**Maria Janakos, MD**

33 Upper Overlook Road, Ste 305

Summit, New Jersey 07901

### **Agenda**

<b>Time</b>	<b>Topic</b>
8:30-9:00 am	<b>Registration</b>
9:00am-9:30am	<b>Open Forum</b>
9:30am-10:30am	<b>Diagnosing and treatment of common sports medicine injuries</b>  Presenter: Melissa Mascaro, MD
10:30am-11:30pm	<b>Concussion evaluation, treatment and utilization of the SCAT5</b>  Presenter: Maria Janakos, MD
11:30am-12:00pm	The role of an athletic trainer on a college campus Presenter: Athletic trainer
11:30pm-12:30pm	<b>Lunch Break</b>
12:30pm-2:30pm	<b>Business meeting</b>

### **Peer Review**

In order to help ensure content objectivity, independence, and fair balance, and to ensure that the content is aligned with the interest of the public, NJHA has resolved all potential and real conflicts of interest through content review by non-conflicted, qualified reviewers. This activity was peer-reviewed for relevance, accuracy of content, and balance of presentation by NJHA.

### **Disclosure Declarations**

In accordance with the disclosure policies of NJHA and to conform with Joint Accreditation requirements and FDA guidelines, individuals in a position to control the content of this educational activity are required to disclose to the activity participants: 1) the existence of any relevant financial relationship with any entity producing, marketing, re-selling, or distributing health care goods or services consumed by, or used on,

patients, with the exemption of non-profit or government organizations and non-health care related companies, within the past 12 months; and 2) the identification of a commercial product/device that is unlabeled for use or an investigational use of a product/device not yet approved.

**Faculty**

The following faculty have no relevant financial relations to disclose.

Melissa Mascaro, MD., CAQSM

Maria Janakos, MD

**CME/CE Content Peer Reviewers**

NJHA

**Off-Label/Investigational Use**

This activity does not contain information on commercial products/devices that are unlabeled for use or investigational uses of products not yet approved.

**Disclaimer**

The views expressed in this activity are those of the faculty.

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